

## Massages –

**Marco Island Signature Massage** - A gentle, rhythmic full-body massage aimed to relax soft body tissue and ease the mind. Healing Swedish techniques are used with light to medium pressure to loosen stiff joints and reduce muscle tension. **50 min- \$155 80 min-\$195**

**Therapeutic Massage** - Let our experienced therapist's concentrate and work out specific areas of concern. Differing from a traditional full body massage, this treatment focuses on what's ailing you most; such as a lower back spasm, tight shoulders, or pain in your hip. **50 min- \$155 80 min- \$210**

**Inner Strength** - This encouraging massage will help to uplift spirits for those who have experienced a personal or physical trauma in life and are challenged with lack of energy, confidence, or just feel overwhelmed. Choose this massage when you need to rebuild the healing powers of your body and spirit. **50 Min- \$155 80 min- \$210**

**Pure Balance** - Enjoy our Pure Balance massage which incorporates different techniques customized to your needs to lift your spirits with the warm comfort of healing hands. **50 min- \$155 80 min- \$210**

**De-Stress Muscle Release** - This deeply restorative treatment is specifically designed for tight, stressed and aching muscles. Swedish and cross muscle fiber massage techniques, with stretching and draining, are combined with essential oils known for their beneficial effects on the circulation. Black pepper, rosemary and ginger warm the muscles and help relieve stiffness and pain. Calming lavender soothes and is anti-inflammatory. Enjoy this aromatic massage that works deep into stiff, tight aching muscles to instantly release pain and tension. **50 min- \$165 80 min- \$220**

**Roman Stone** - Let us melt your troubles away with the soothing warmth of Basalt stones in this tranquil treat for the mind, body, and soul. While your mind releases its tension, your therapist will use warm oiled stones in long, rhythmic strokes to relax muscles and transport you into a world of your own. **50 min- \$ 165 80 min- \$220**

**Prenatal Massage** - Designed to answer the developing needs of mother and baby, this ultra-soothing massage uses Moroccan Rose Oil to nourish the skin, and light to medium pressure to ease aches and pains. Enjoy much-needed relief to your areas of stress such as the back, neck, and lower legs. Indulge in the nurturing treatment you both deserve. Mother-to-be should be in second to last trimester. **50 min- \$165 80 min- \$220**

**Reflexology** - This ancient therapeutic method helps relieve pain by stimulating predefined pressure points on the feet. This controlled pressure alleviates the source of discomfort and soothes the mind. This is a wonderful compliment to a full body massage, or can be enjoyed on it's on own. **25 Min- \$80**

**Reflexology Full 50 Minute** - This ancient therapeutic method helps relieve pain by stimulating predefined pressure points on the feet. This controlled pressure alleviates the source of discomfort and soothes the mind. Includes an exfoliating foot scrub, warm basalt stones on the calves and feet, followed by a soothing foot cream. **50 min- \$165**

**Chair Massage** - While on the chair, your experienced therapist works on the neck, back, and shoulders. Let us help melt away the stress of your day. **25 min- \$80 50 min- \$165**

**Clear My Head** - An invigorating massage concentrating on the tension hot spots of the back, neck and shoulders. A great way to relieve tension and to get rid of any built up stress. This will leave you feeling fantastically fresh and free from any strains! **25 min- \$80**

#### **Facials –**

**The Marco Glow** - Experience unparalleled results in just one treatment with Epicuren®'s award-winning Signature Facial. A revolutionary combination of proteins and B vitamins activate vital energy necessary for healthy cellular function, dramatically enhancing the appearance of skin tone and texture. An advanced enzymatic peel is coupled with layers of skin-tightening masks, which are systematically applied to mimic an aerobic, toning exercise for the face, visually improving muscle tone, firmness, and elasticity. **50 min- \$165 80 min- \$225**

**InjectStem Bio-Firming Facial** - Say goodbye to costly injections! Epicuren®'s luxurious "needle-free" facial with advanced exfoliation addresses skin volume from within to visibly reveal the elasticity of your youth. Using the latest in stem cell and peptide technology, potent serums unleash intelligent skin-architects, to visibly restructure and re-densify the appearance of the skin. A conductive silver mask is applied while face-lifting reflexology points are activated to help stimulate circulation and relax muscle tension. This exclusive skin therapy is the future of anti-aging partnered with the ultimate in relaxation like only Epicuren® can offer. **50 min- \$ 165 80 min- \$225**

**The Gentleman's Facial** - Gentlemen, at last a facial that was made exclusively with you in mind. A combination of steaming, hot towels, enzymatic peel, hydrating mask, and a relaxing neck and shoulder massage to refresh and refine the gentleman's face. **50 min- \$165 80 min-\$ 225**

**Organic Radiance Facial** - This 100% organic facial by Eminence is customized according to your skincare needs and concerns. It includes gentle cleansing, enzymatic exfoliation to shed dry, dulling skin cells and embedded impurities, warm towel compresses to soften and stimulate, massage to promote circulation and relaxation, treatment masks to feed, hydrate and brighten, and concentrated moisturizers and serums to nourish and protect. With each facial, your skin will become stronger and more able to maintain health, balance, and a nourished glow. **50 min- \$145 80 min-\$195**

**Express Facial** - Give your skin a quick boost with our on-the-go facial. Let us soften and hydrate your skin with a cleanse, scrub, mask and decongesting facial massage in this mini treat. **\*Steam and Extractions are not included. 25 min- \$80**

**Nu Lift** - NuFace's micro-current technology is expertly used to exercise your facial muscles to firm and lift the appearance of tired and aging skin. **20 min- \$45**

## **Body Rituals –**

**Ocean Dew Magnesium Polish** - A detoxifying body scrub rich in magnesium featuring the key ingredients of rosemary, rose, lavender, clary-sage and sweet orange. This treatment will not only eliminate rough dry skin, but will leave your body feeling smooth, hydrated and invigorated. **60 min- \$165**

**After Sun Treatment-** If your body feels dry and dehydrated from a day in the sun, this treatment is for you! Enjoy cold stones, which are gently massaged onto areas where your skin may feel sensitive from too much sun. A cooling aloe-Vera gel will soothe tender areas and a rich moisturizer will make your skin feel velvety soft and smooth. **50 min- \$145**

**Marco Island Body Treatment-** Polish and soften the skin with this luxurious all over body exfoliation using fine ground olive stones and essential oils. Indulge in layers of hydrating gels, nourishing oil, and moisture cream are smoothed over and gently massaged into your skin. With your body wrapped in relaxation comfort, enjoy a mind-freeing massage to your scalp or feet. Your skin is left feeling soft and smooth, while your body and spirit are restored. **50 min- \$145**

**Sent-Sational body scrub-** Enjoy the natural healing properties of gel sugar scrub and essential oils. Your skin is left glowing, hydrated and ready to soak in more moisture. **50 min- \$145**

**Deep Cleanse Back treatment-** A deep cleansing back treatment to refine and purge those hard to reach areas. Perfect for clogged pores and impurities. **50 min- \$145**

**Back Polish and Moisturizer-** Enjoy our express back polish and moisturizer for those hard to exfoliate areas when you are short on time. **25 min- \$80**

## **Salon Essentials**

**Marco Island Manicure and Pedicure-** Our Marco Island manicure and Pedicure is the ultimate indulgent treat for the hands and feet. Enjoy an uplifting, aromatic soak followed by a soothing all natural olive grain scrub. Layers of deeply nourishing gels, oils, and creams are applied to the lower legs and feet then wrapped by warm heated towels. This intense conditioning treatment works wonders on dry, stubborn cuticles and cracked hardened heels. **120 Min- \$175**

**The Lux Manicure-** Pamper your hands with a warm relaxing aromatherapy bath designed just for you. Enjoy all the traditional shaping clipping and polishing with the added benefit of a unique exfoliation, soothing hand massage, and layers of nourishing oils, gels, and creams. **50 min-\$70**

**Available in your choice –**

**- Rose hydrating manicure**

**-Ginger and black pepper**

**The Lux Pedicure-** Pamper your feet with a warm relaxing aromatherapy bath designed especially for you. Enjoy the traditional shaping, clipping, and polishing with the added benefit of a unique exfoliation, soothing leg and foot massage, and layers of nourishing oils gels and creams. **50 min- \$85**

**Available in your choice-**

**-Moroccan rose pedicure**

**-Ginger and Black pepper**

**Mini Manicure-** This mini manicure will keep you on the go without missing out on any pampering. Including in this service is a short soak, scrub, cream, shaping and polish. **25 min- \$50**

**Mini Pedicure-** This mini pedicure is the option for you if you're short on time without missing any pampering. Included in this service is a short soak, scrub, cream, shaping and polish. **25 min- \$65**

**Kids Under 10**

**Mademoiselle Manicure-** Short soak, shaping, cream, and polish. **25 min- \$25**

**Twinkle Toe Pedicure-** Short scrub, shaping, cream, and polish. **25 Min- \$25**